



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

October 15, 2023

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



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2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

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SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that the students who attended Friday night's **Halloween Dance** had an enjoyable time. We would like to thank our middle school Boosters for sponsoring the event and the staff who attended it. The students seemed to have a lot of fun and there was even a haunted house!

On Saturday, our 7th grade had a *car wash fundraiser* to help generate funds for a spring field trip. The car wash was highly successful and we would like to thank the 7th grade staff and students who helped make it possible.

Homework Links - Grade level homework links have been added to page 1 of the newsletter. As is noted below the links, homework assignments are subject to change based on a variety of factors. If students have questions about an assignment, they should see or email their teacher(s).

School Picture Retakes - School picture retakes/makeups are this Thursday morning, October 19th. For more information, please click the link below.

[Click Here for Information About School Picture Retake Day at SRMS](#)

Drama Club - Sign ups for the Drama Club fall production, A Christmas Carol, began last week. Students can still sign up outside of Ms. Woulfe's classroom, Room 215. For additional information about the fall production, please see the message below from Ms. Misenheimer and Ms. Woulfe.

"A CHRISTMAS CAROL" SIGN-UPS!

Drama Club is about to begin its fall production of "A Christmas Carol", and all students are invited to join the fun. A sign-up sheet will be posted outside Ms. Woulfe's door on October 10th and Auditions will be held on October 24th in the Café from 2:00 until 4:00 p.m. Along with a sign-up sheet, a rehearsal schedule and Permission Slip will also be provided. Please be sure that you and your family check all dates to be sure this commitment works for you.

"A Christmas Carol" is a community favorite and a wonderful opportunity for students interested in theatre, be it acting, stage crew or singing with our carolers. All are welcome!

A message about Friday Night Lights Football Game - This Friday, the SRHS football team will host the annual Friday Night Lights game with kickoff at 6:30 against Laconia. Parents/guardians, please note that this is not a middle school event, and there will not be active supervision of your student(s). You are encouraged to come with your child, enjoy the game and concessions from the Boosters, but please keep an eye on your child during the game.



Fall Athletics

There are two weeks remaining in the fall sports season. To view athletic schedules, please see the link below.

[Click Here For SRMS/HS
Combined Fall Athletic Schedules](#)



Have a great week!

Matthew Malila

Jay Trafton

SRMS Principal

SRMS Assistant Principal

A Message From Sanborn Regional School District

Meal Assistance For Students

Dear Parents,

The Sanborn Regional School District is facing a demographic change. Historically, participation in free and reduced meal prices has hovered between 14 and 16 percent. Our most recent year, participation has declined to 7 percent. We continue to have food insecurity for some of our students, which has a detrimental effect on student learning and achievement.

With the help of the School Board, we have identified two areas that can have a significant impact on resolving food insecurities, as follows:

1. The School Board approved a “Meal Assistance Program” that receives donated funds to be spent purchasing food for students who do not otherwise qualify for free and reduced meals. To date, the program has received \$1,240.
 - a. Donations can be accepted by mail at 51 Church Street, PO Box 429, Kingston, NH 03848.
 - b. Students in need of meal assistance should speak with their school counselor or school nurse.
2. Families can apply for free and reduced meal prices. Applications can be obtained at the main office of each school or online at the following address <https://sanbornregional.linqnutrition.com/FreeReducedApplication.aspx> .
 - a. Qualified families will receive free or reduced meal prices, according to their household income.
 - b. The District will receive additional state aid for “adequate education” and federal grant funding for additional reading and math assistance.

If you have any questions, please contact any school Principal or me, the Business Administrator.

Thank you,

Matt Angell

Business Administrator

Sanborn Regional School District

A Message From School Counseling

National Bullying Prevention Month

Every day, too many young people experience bullying from their peers at school, after school in their neighborhoods, and even when they are at home, through social media and texts. Bullying affects all of us negatively, and is something that not one person deserves. Ever.

So what do we do? There are many ways to support bullying prevention as an individual or with friends, family, your school, or your entire community. We, at school, promote anti-bullying messaging through signs, posters, observing National Bullying Awareness Day, and participation in classroom and lunchroom activities.

What parents can do is keep the conversations going at dinner, in the car or while doing chores. Listen for any indication that your student, or their friends and classmates might be experiencing bullying. If so, make sure to contact the school to share this important information, and help to end the negativity.

You can also check out the parent pages of the [National Bullying Prevention Center](https://www.pacer.org/national-bullying-prevention-center/). There are great articles and videos that will help you, and your student through bullying, and help understand how to report instances, and reduce the impact and harm that may be experienced.



End 68 Hours of Hunger



Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*



If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.



If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net



Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up





A Message from SoRock: WELCOME BACK SANBORN!

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

The month of October signifies National Substance Misuse Prevention Month — a time for communities to come together as partners in prevention. This month is also a time to acknowledge those in recovery, as well as children, parents, family, and friends supporting them.

The last week of October is Red Ribbon Week. Stay tuned for RRW happenings!

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)
Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)
Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Check out our upcoming free Community Screenings and Panel Discussions open to the public! Registration is required. Click on the posters to learn more about the films and watch the trailers.

FREE screenings of award-winning films

Oct 24

SCREENAGERS UNDER THE INFLUENCE

RED RIBBON WEEK

ADDRESSING VAPING DRUGS & ALCOHOL IN THE DIGITAL AGE

Register




FREE screenings of award-winning films

Nov 7


ADDRESSING MENTAL HEALTH IN THE DIGITAL AGE

SCREENAGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

Register



screenagersmovie.com



SOUTH CENTRAL NH PUBLIC HEALTH NETWORK
The Partnership for Better Communities in Your Neighborhood
AN INITIATIVE OF GRANITE UNITED WAY

6:30-8pm
Timberlane PAC
40 Greenough Rd, Plaistow



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Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit sorocknh.org, drugfreeh.org or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2021-2022. [Take the 2022-2023 survey here!](#)

Attention Boosters/PTA/PTO and other parent or community/civic groups. SoRock wants to talk with you!
We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

Learn more about Suicide Risk factors, protective factors, and warning signs

Need Help Now? Dial [988](#) or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do?

Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235

**TRUNK
OR
TREAT**

AT KINGSTON REC

Monday, October 23rd
6 P.m. - 8 P.m.

HAUNTED WALK

BONFIRE WITH SMORES

TREATS & ACTIVITIES

...OVER 25 TRUNKS!

**PARKING IN
DRAFT HOUSE LOT**

**NOT A SCHOOL
SPONSORED EVENT**

All 
American

ASSISTED LIVING

AT KINGSTON

INVITES YOU TO

**TRICK
OR
TREAT**

28TH OF OCTOBER

1:30PM-3:00PM

CANDY AND PHOTO
OPPORTUNITY WILL BE
PROVIDED!!!

PLEASE CONTACT LAURIE SIENKO WITH QUESTIONS

LSIENKO@ALLAMERICANATKINGSTON.COM

603.347.5522

NOT A SCHOOL SPONSORED EVENT





SANBORN COMMUNITY BASKETBALL REGISTRATION

REGISTER NOW @ WWW.SANBORNCOMMUNITYBASKETBALL.ORG

YOUTH LEAGUE Grades 3-8

Early November - Skills assessment
Mid-November - Team practices begin
December - Games begin grades 5/6 and 7/8
December - Jamboree for grades 3/4
January - Games begin grades 3/4

Registration Fees

\$100 Registration fee
\$39 Reversible jersey (reusable year to year)
\$25 Registration discount after second child

CO-ED SKILLS PROGRAM Grades K-2

Saturday mornings starting in December
Skill sessions and 3 v 3 scrimmages

Registration Fees

\$60 Registration fee (includes reversible jersey)
\$30 Registration fee (no jersey/reuse last year)

***Please email questions to: SanbornCommunityBasketball@gmail.com
Follow us on facebook for more information. This is not a SRSD sponsored event.***